

2023

**SASKATCHEWAN
FEDERATION OF LABOUR**

**OCCUPATIONAL
HEALTH AND SAFETY
CONFERENCE**



SEPTEMBER 13-15, 2023
DELTA HOTELS BY MARRIOTT
405-20TH STREET EAST
SASKATOON, SASKATCHEWAN



Conference Information

SFL Occupational Health and Safety Conference September 13 – 15, 2023

The SFL Occupational Health and Safety Conference is held annually for unionized workers in Saskatchewan to learn about the latest issues surrounding occupational health and safety.

The conference is open to all SFL affiliates and non-affiliates. Non-unionized workers are welcome to attend as well.

This year, our conference will be held September 13 – 15 at the Delta Hotels by Marriott located at 405 – 20th Street East in downtown Saskatoon. Hotel and parking information can be accessed at [Delta Overview](#).

A block reservation is available until August 10 and the corporate rate for a standard single or standard double room is \$185. You are responsible to reserve and pay for your accommodation separately. When booking online, access reservations at [Book your group rate for Saskatchewan Federation of Labour](#). To reserve by phone, contact the Delta at 306.665.3322 and reference 'SFL OH&S Conference' to obtain the corporate rate.

Courses begin Wednesday afternoon and run until Friday at noon. We do our best to ensure you are registered in the course of your choice. **You will be registered in only one course, based on a first registered, first preference basis. Register early as there is a limited number of seats available in each course.**

Included with registration fees are lunches on Wednesday and Thursday and a social with appetizers and cash bar at the Delta upon adjournment on Wednesday.

Please contact your union should you require childcare while attending this conference. Exceptions may apply and requests must be submitted to the SFL no later than August 11.

Information on available courses, conference fees and registration can be found in this guide and on the SFL website at [SFL Occupational Health and Safety Conference – Saskatchewan Federation of Labour](#).

Please contact the SFL at 306.525.0197 or email event@sfl.sk.ca should you require additional information.

Course Descriptions

SFL Occupational Health and Safety Conference September 13 – 15, 2023

1. Prevention of Violence in the Workplace

Workplace violence can take the form of physical aggression such as hitting, biting or kicking. Violence in the workplace also includes verbal threats, swearing, name calling and bullying. Violence is not part of your job and the repercussions for workers can be devastating, affecting their physical and mental health and job satisfaction. For employers, it means reduced productivity and increased losses. This course is intended to assist joint OH&S Committees to identify the potential hazards in the workplace, conduct a risk assessment and recommend corrective action as they pertain to violence. Participants will have the opportunity to develop a plan for violence prevention.

2. Occupational Health and Safety for Women

Healthy and safe workplaces are a basic right. This workshop will provide women activists with tools, materials and processes to address this key area of work life. You will develop an understanding of how workplace stress and other psychosocial hazards can affect us and how to deal with them. The workshop will help identify stressors that affect women such as job demands, job control, lack of support and violence/bullying, resulting in a lack of work life balance. We will discuss health and safety issues important to women and work on solutions and prevention strategies to reduce stress and eliminate hazards. Gender diverse folks are welcome to attend this course.

3. History of Occupational Health and Safety

We have celebrated the 50th Anniversary of Occupational Health and Safety Legislation in Saskatchewan, the first of its kind! We will further explore how OH&S came to be in Saskatchewan and the ground-breaking legislation that forever changed workplaces for the better, making them safer, and giving workers the rights they need to be safe and healthy. Now let's take a deeper look into our history, how we got here, where we go from here and what we can do to strengthen and advance OH&S in our workplaces.

Whether you are a union leader, shop floor activist or a history buff, this course is for you.

4. Occupational Health and Safety for Healthcare Workers

Healthcare workers are truly the experts of their work. Workers need to be involved in order to see improvements and ensure our workplaces become safer for all. This course will provide the tools you need to identify hazards, assess risks and become active in your workplaces when it comes to safety specific to healthcare, including your physical and mental health and safety. You will better understand how your work impacts your day-to-day activities.

This course is for all who work in healthcare, regardless of where you work or what you do.

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5. Occupational Health and Safety Act and Regulations

The purpose of this workshop is to provide activists with a working knowledge of how the OH&S Act and Regulations apply. The workshop will also address how committees are intended to work, their responsibilities and the individual's role as a union member. This workshop will show you how to use this legislation as a tool to advance OH&S in your workplace. You will be provided with information relevant to the updates and changes to the OH&S Regulations.

6. Building Psychologically Healthy Workplaces

Mental health in the workplace is an issue impacting all workplaces and can no longer be ignored. Keeping the workplace healthy and productive is simply smart business and good for the bottom line. The vision for a psychologically healthy and safe workplace is one that actively works to prevent harm to workers' psychological health, including negligent, reckless or intentional ways, and promotes psychological wellbeing. Participants will gain an understanding of the new CSA standard, review the current workplace psychological landscape and learn strategies for implementing an effective psychological healthy and safe workplace program.

7. Effective Occupational Health and Safety Committees

In this workshop you will learn how to make your OH&S committees more effective. We have been hearing about the challenges and cutbacks affecting OH&S committees and recognize that safety starts at this level. This course is designed for those workers who have experience working on OH&S committees and are looking to maximize the powers of their committees.

8. Domestic Violence in the Workplace: Starting the Conversation

This course is designed to train union representatives in our workplaces to be able to respond to members who may be experiencing domestic violence. This may include stewards, health and safety representatives, staff or other workplace representatives. You will gain a deeper understanding of the dynamics of domestic violence at work and the roles of the union and employer in addressing it. You will learn ways to support members who may be experiencing domestic violence, including how to recognize and respond to the warning signs and risk factors. We will start the conversation to bring awareness about domestic violence at work among your memberships and learn about pathways to community-based experts. We will discuss language for collective bargaining and legislative initiatives.

This course is open to all genders and male participation is encouraged.

Conference Agenda

SFL Occupational Health and Safety Conference

September 13 – 15, 2023

Tentative and Subject to Change

Wednesday, September 13

11:00 am – 12:00 pm

Registration

12:00 pm – 1:00 pm

Lunch

1:00 pm

Call to Order

Welcome

Opening Plenary

2:30 pm - 5:30 pm

Course Time

5:30 pm - 7:30 pm

Social

Thursday, September 14

8:30 am – 12:00 pm

Course Time

12:00 pm – 1:15 pm

Lunch

1:15 pm - 5:00 pm

Course Time

Friday, September 15

9:00 am - 11:00 am

Course Time

11:00 am - 12:00 pm

Report Back from Workshops

Closing Plenary

SAFE JOURNEY HOME

Conference Registration

SFL Occupational Health and Safety Conference

September 13 – 15, 2023

PLEASE COMPLETE ALL INFORMATION TO REGISTER.
CONFERENCE DETAILS WILL BE SENT TO PARTICIPANTS TO THE EMAIL ADDRESS PROVIDED BELOW.

Name: _____

Union Name and Local Number: _____

Mailing Address: _____

Street/PO Box

City/Province

Postal Code

Contact Numbers: Cell: _____ Home: _____ Work: _____

Email: _____ **Participant's personal email is required.**

COURSE SELECTION

We do our best to ensure you are enrolled in the course of your choice. **You will be registered in only one course, based on a first registered, first preference basis. Register early as there is a limited number of seats available in each course:**

1. Prevention of Violence in the Workplace
2. Occupational Health and Safety for Women
3. History of Occupational Health and Safety
4. Occupational Health and Safety for Healthcare Workers
5. Occupational Health and Safety Act and Regulations
6. Building Psychologically Healthy Workplaces
7. Effective Occupational Health and Safety Committees
8. Domestic Violence in the Workplace: Starting the Conversation

Please select your first, second and third course preferences by indicating your choice of the course numbers below:

First: _____ Second: _____ Third: _____

ACCESSIBILITY NEEDS AND DIETARY RESTRICTIONS

Do you have any accessibility needs or dietary restrictions?

Yes No If yes, please specify: _____

HOTEL INFORMATION

The Delta Hotels by Marriott is located at 405 – 20th Street East in downtown Saskatoon. Hotel and parking information can be accessed at [Delta Overview](#).

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HAVE YOU ATTENDED AN SFL OCCUPATIONAL HEALTH AND SAFETY CONFERENCE IN THE PAST? Yes No

If yes, how many conferences have you attended? _____

IS YOUR UNION/LOCAL AFFILIATED TO YOUR PROVINCIAL/TERRITORIAL FEDERATION OF LABOUR?

Yes No

FEES, DEADLINES AND REFUND POLICY

Affiliates

Early Bird up to August 11: \$400

After August 11: \$450

Non-affiliates

Early Bird up to August 11: \$450

After August 11: \$500

Full refund is available until August 11. An administration fee of \$50 will apply after this date. No refund will be available if cancellation is received after September 1.

CONFIRMATION OF REGISTRATION

Participants will be emailed an information package and confirmation of course registration early September.

REGISTRATION AND PAYMENT

Registrations can be submitted by mailing the registration form with a cheque payable to the Saskatchewan Federation of Labour, 220, 2445 - 13th Avenue, Regina, SK S4P 0W1.

Registration forms can also be emailed to event@sfl.sk.ca with payment via e-transfer to payment@sfl.sk.ca.

Register online at [SFL Occupational Health and Safety Conference – Saskatchewan Federation of Labour](#).

Please include 'SFL OH&S Conference' in the memo line of the online registration.

PAYMENT MUST ACCOMPANY THE COMPLETED REGISTRATION FORM.

Office Use Only

Chq # _____

Amt \$ _____

Date Received _____