

\$1800.00 January 5 to March 5, 2026 REGULAR REGISTRATION \$2000.00 March 6 to April 6, 2026

Registration Closes April 6, 2026



# CLASSES OFFERED When registering online choose 1 class for the week.

### MEMBER ENGAGEMENT, MEMBER ACTION

This course is designed for experienced shop stewards, local union leaders and union staff who want to transform how members engage with their union and how their union engages with their members. This course trains participants on the three-step approach to effective member engagement (Go, Listen, Build) and connects it to organizing approaches for building an active membership. Participants will leave with new skills and ideas for building and measuring a member engagement strategy.

### A PATH TO RECONCILIATION

This course is for all workers to learn the history of Indigenous peoples of Turtle Island (North America) facilitated by Indigenous labour activists. Its purpose is to build meaningful, long-term relationships among Indigenous and non-Indigenous people inside and outside of our workplaces, with the aim of acknowledging labour's commitment to Truth and Reconciliation. This course supports the decolonization of Indigenous peoples and the increase of Indigenous peoples' representation in our workplaces and in our unions. Participants do not need any previous experience and are encouraged to bring open minds and hearts.

## PARLIAMENTARY PROCEDURE & PUBLIC SPEAKING

Parliamentary Procedure covers how to run a meeting effectively, the duties of a chairperson and secretary, and how rules of order can provide a democratic and fair process to accomplish union business. Public speaking covers how to speak persuasively to various groups and how different formats are used to speak at convention, debates and gatherings.

### MENTAL HEALTH IN THE WORKPLACE

This introductory course will help raise awareness for participants about mental health issues facing workers in today's workplace. Activists will develop a range of strategies to accommodate specifically support, represent members with mental health challenges at work. We will look at the myths around mental illness, challenging stigmas and what role the union can play in making our workplaces and unions more inclusive of members with psychological disabilities. We will develop action plans to take on systemic factors affecting mental health through advocacy, bargaining and political action.

### LABOUR COMMUNITY ADVOCATE

Labour Community Advocate training is a Canadian Labour Congress approved course delivered by United Way Labour Programs and Services staff. The program is designed to train union members to act as a resource to other union members and to the local union itself. Participants receive training on social issues faced by working people and resources available in their communities. The program also includes training in communication, interviewing, and referral techniques to better assist fellow union members. It allows participants to explore the ways in which unions and other labour bodies can help build resilient and respectful communities.

Classes will be held at Temple Gardens Hotel & Spa and at off-site locations. Sites are wheelchair accessible. Registration fee includes, single-occupancy hotel room, meals, coffee breaks, parking, and class materials. The CLC will make all hotel room bookings. Please do not contact the hotel yourself to book your room. Registration and hotel check-in will be on Sunday, April 26, from 4:00-6:00 p.m.

The hotel may require your credit for incidentals not covered by registration.

Register first at the CLC desk in the hotel lobby.

